



THE IMPORTANCE OF INCLUDING AUDIOLOGY WHEN TREATING PATIENTS EXPERIENCING TINNITUS

How are **hearing loss** and **tinnitus** connected and why is it important? **The Hill Hear Better Clinic can help physicians treat patients who are experiencing this condition.** Here's why hearing matters when **treating patients with tinnitus.**

The Relationship Between Hearing Loss and Tinnitus

Signs of tinnitus include **hearing a ringing, buzzing, hissing, chirping, whistling, or clicking** when no external noise is present. Patients may experience one, some, or all of these noises. A small percentage of patients may **hear noises related to bodily functions** in the head or ears, such as blood flow or muscular contractions.

An estimated **15 - 20% of people experience some form of tinnitus**, making it a common problem. **About 98% of people who experience tinnitus also have hearing loss.** It is most commonly related to **hearing loss and traumatic noise exposure** along with many other factors.

Caring For Patients

Tinnitus cannot be cured outright, but **it can be successfully treated.** Help your patient understand how their condition may be related to hearing loss.

Tinnitus therapy may help improve the condition. At The Hill Hear Better Clinic, we can help uncover the underlying cause of tinnitus and find the right form of treatment for each patient.

If the patient's tinnitus is related to hearing loss, treating this condition with hearing aids may help. Other tinnitus therapy methods can help **mask or reduce the noise** related to the condition. **Our audiologists are well equipped to help patients understand their individual tinnitus condition and come up with an effective treatment plan. This includes our proprietary Relax app that we use alongside therapy. When traditional treatment is supplemented with our Relax app-based treatment, 99% of tinnitus patients experienced relief.**

Articles for Further Research

Read the latest research on tinnitus related to hearing loss:

[NIH Clinical practice guideline: tinnitus, NIH, 2014](#)

To learn more about how hearing loss treatment can benefit your patients, email Dr. Ryan Hill (ryan@hillhearbetter.com).

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